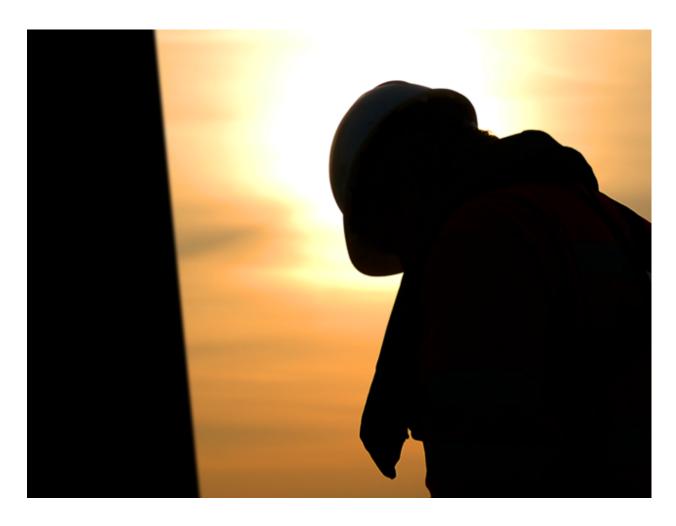
INTERNATIONAL DAY OF THE SEAFARER JUNE 25 2022 AND SEA SUNDAY JULY 10 2022





On June 25th, the International Day of the Seafarer, and on Sea Sunday, July 10th, we celebrate and say "Thank You" to all those tireless, nearly invisible seafarers who make our international trade by sea economy better and safer.

We also celebrate every fisherman and every cruise ship captain and salute seafarers from the United States Coast Guard to the United States Navy. We honor oceanographers and marine biologists who devote their lives to discovering more about our planet's rivers, lakes and ocean depths.

Here is what you can do to say "Thank You:" to our seafarers:

select the Donate Now menu on our website and support us;

knit a seafarers watch cap or scarf using patterns on our website under How You Can Help;

3)

visit a United States Coast Guard station, a United States Navy base or a military museum;

4)

read a book about life at sea such as <u>Ninety Percent of Everything:</u> <u>Inside Shipping, the Invisible Industry That Puts Clothes on Your Back, Gas in Your Car, Food on Your Plate;</u> or, watch a movie such as, "Captain Phillips", (2013) based upon a true story of a Navy Seal rescue;

5)

pray for seafarers daily: Lord God, Creator of land and sea, bless those who work at sea. Be with them in fair weather and foul, in danger or distress. Strengthen them when weary, lift them up when down and comfort them when far from their loved ones. In this life, bring them safely to shore and, in the life to come, welcome them to your kingdom. Amen.

We are very grateful for your generous support of our seafarers.

